# CAMBRIDGE LOCAL HEALTH PARTNERSHIP

29 November 2012 12.15 - 1.45 pm

Tom Dutton (Assistant Director, Strategy & Delivery Directorate / Strategy Lead CATCH)

Rachel Harmer (GP Cam Health),

Jas Lally (Head of Refuse and Environment, Cambridge City Council) Inger O'Meara (Health Improvement Specialist, Cambridgeshire NHS) Mike Pitt (Executive Councillor, Cambridge City Council) Catherine Smart (Executive Councillor, Cambridge City Council)

Liz Robin (Director of Public Health, Cambridgeshire County Council)

Graham Saint (Strategy Officer, Cambridge City Council)

Sandie Smith (Cambridgeshire County Council)

Sally Roden, (Neighbourhood Community Development Manager, Cambridge City Council)

Louise Peden (Community Navigator, Cambridgeshire County Council) Toni Birkin (Committee Manager, Cambridge City Council)

# FOR THE INFORMATION OF THE COUNCIL

## 12/18/CLHP Apologies

Apologies were received from Mike Hay, Rachel Harrison and County Councillor Paul Sales.

## 12/19/CLHP Public Questions

There were no public questions.

## 12/20/CLHP Change to Published Agenda Order

Under paragraph 4.2.1 of the Council Procedure Rules, the Chair used his discretion to alter the order of the agenda items. However, for ease of the reader, these minutes will follow the order of the agenda.

## 12/21/CLHP Minutes

The minutes were agreed as a correct record subject to the following correction:

• Councillor Smart to be added to those present.

#### **3a** Matters Arising

Actions from previous meeting:

- 12/12/CLHP Safer Homes Update to follow.
- 12/13/CLHP Terms of Reference for Ageing Well Group To be emailed to panel members.
- 12/13/CLHP Community Navigators To be addressed later in the meeting.
- 12/15/CLHP New communities and community cohesion A briefing note had been circulated.

# 12/22/CLHP UPDATE ON THE WORK OF THE SHADOW HEALTH AND WELLBEING BOARD (SHWB BOARD)

Liz Robin updated the panel on the work of the SHWB. Multi agency funding bids had been largely successful. An action plan was under development to deliver the 6 key priorities in the new strategy, as detailed in the report.

The Partnership welcomed the inclusion of mental health as a high priority. The development of a robust action plan would create a large workload. The Partnership also welcomed the completely new area of working jointly with the Armed Forces. Councillor Smart suggested consulting the Covenant Board.

#### 12/23/CLHP Case Study Workshop

Jas Lally stated that the workshop had been well attended and useful. GP's reported an improved understanding of the pressures and limitation of the housing department. Welfare reform had been highlighted as a key issue for the future. An action list had been agreed and would be brought to this meeting in the near future.

The workshop was agreed to have been a useful activity and a repeat session, in six months time, was suggested to see what improvements could be implemented.

#### 12/24/CLHP AGEING WELL AND COMMUNITY NAVIGATORS

Louise Peden (City Community Navigator) outlined the Navigator programme. There were five navigators across the County and their brief was to map out the networks and services available to older people in local areas. They would then provide signposting service and seek to build upon the networks to increase the capacity of local communities to support older people and maintain their independence. They would also train volunteers to become local navigators for their communities. Interest was growing.

Key issues were noted as:

- i. The need for a good induction programme to ensure a consistent standard.
- ii. Motivated and skilled volunteers, who were aware of their limitations.
- iii. Local knowledge.
- iv. Raising awareness of the Your Life, Your Choice website.

The Partnership made the following comments and suggestions:

- v. Making best use of links already in place.
- vi. Contacting the sheltered Housing Residents Association.
- vii. Ensuring all contact information is up to date.
- viii. Using exiting newsletters and publication to spread awareness.
  - ix. Using the local knowledge of networks such as Friends of ... groups.
  - x. Placing the navigators in GP surgeries for special sessions such, as flu inoculations, where older people were likely to attend.

The Partnership discussed using the Council's Diversity Forum to consult local stakeholders about the need for a Cambridge Ageing Well Forum. The Diversity Forum is only held twice a year and the next meeting was six months away. Members felt there was a lot of good joint working going on in Cambridge and that events held by other groups such as COPE, could explore how an Aging Well Forum might contribute. Sally Roden said that she would meet with the local Community Navigators to make sure that they were aware of existing networks and contacts. The panel said that it would look again at this issue once the local Community Navigator had got a feel for the Cambridge situation, so that any decision to set up an Ageing Well Forum was better informed.

#### Action: Sally Roden

There was also concern that frail, elderly, people who were presently isolated and removed from existing networks would only come to notice when they presented to GP's at a point of a crisis. The Partnership felt that additional work was required to help identify these people and that this could be considered in any future Community Navigator report.

# 12/25/CLHP JOINT COMMISSIONING STRATEGY FOR THE MENTAL HEALTH AND WELL-BEING OF ADULTS OF WORKING AGE

This item had been included on the agenda for information and the Partnership was asked how they wished to approach this subject.

The following points were raised:

- i. This matter is under discussion elsewhere.
- ii. The approach is unclear, was it a medical issues or something wider?
- iii. Was funding in the correct place?
- iv. Should the focus be in prevention (linked to improved social care) or treatment?
- v. There was a discrepancy between the national and local agenda on this matter.
- vi. How helpful was it to divide the issues along age lines when this was a whole life issue?
- vii. Physical health was also linked to mental health.

The Partnership agreed to keep this item on the Forward Plan in order to keep abreast of developments and work taking place elsewhere.

## 12/26/CLHP FORWARD PLAN

The Partnership agreed the following Forward Plan:

MEETING DATE	ITEM
10th January 2013	Progress with developing Joint Commissioning Strategy for Mental Health and Well-Being of Adults of Working Age
	Consider arrangements for Healthwatch in Cambridge
	Action Plan: to link to Council Portfolio Plans and the plans of partners
MEETING DATE	ITEM
7 <sup>th</sup> March 2013	Progress with project looking at information flows between GP's and Housing Officers
	Update on Ageing Well project and work in Cambridge
	Looking at Community Safety and Health including Streetlife issues

**Action:** Jas Lally and Rachel Harmer in consultation with Tom Dutton regarding developing the Partnership's contribution towards the SHWB's action plan.

**Action:** Graham Saint to draft a paper showing suggested priorities for the Partnership – so that this can be circulated wider amongst local stakeholders, to show what the Partnership is doing and going to do.

#### 12/27/CLHP Date of Next Meeting

Future meeting dates to be agreed by email.

The meeting ended at 1.45 pm

## CHAIR